

Daily schedule (Cycle 1: (Nursery II - PS))

Time	Activity
07:30	Opening of the centre and reception
08:00 - 08:15	First snack
08:15 - 08:45	Ritual + learning circle
08:45 - 09:45	Educational activities
09:45 - 10:00	Washroom routine and preparation for the outdoor recreation
10:00 - 11:00	Outdoor recreation: gross motor activities
11:00 - 11:15	Back indoor (cloakroom and toilet routine)
11:15 - 11:45	Lunch and preparation for the nap
11:45 - 01:45	Nap time
01:45 - 01:55	Wake up time + washroom routine
01:55 - 02:15	Second snack
02:15 - 03:15	Educational activities
03:15 - 03:30	Washroom routine and preparation for the outdoor recreation
03:30 - 04:30	Outdoor recreation: gross motor activities
04:30 - 04:45	Back indoor (cloakroom and toilet routine)
04:45 - 05:30	Semi-structured activities and closure of the centre

Daily schedule (Cycle 1: Kindergarten I - MS) and 5 years old (Kindergarten II - GS).

Time	Activity
08:00 – 08:30	Welcome and structured games
08:30 – 08:50	Prayer and educational circle
09:50 – 10:00	Educational activity: French language or introduction to Mathematics
10:00 – 10:30	<i>Snack and recess</i>
10:30 – 11:00	Educational activity : Physical education and health
11:00 – 12:00	Educational activity : French or introduction to Sciences
12:00 – 12:15	<i>Silence, on lit!</i>
12:15 – 13:00	<i>Lunch</i>
13:00-13:30	<i>Outdoor play time</i>
13:30 – 14:30	Educational activity : Arts
14:30 – 14:40	<i>Snack and recess</i>
14:40 – 15:15	Religious & moral awakening or international language
15:15 – 15:30	Departure

